

THE OAST NEWSLETTER



February 2024

What we got up to in January



Celebrating Birthdays





Crafting with residents



Singing





Dog therapy



Reiki



Seated dance





Dancing for residents



Whats Happening this month

Alpacas: 8th February

Singer: David 13th February

Melodie dramatic soprano: 14th February

**Singer: Jason, Sings Swing, 28th
February**

Seated dance: 29th February